

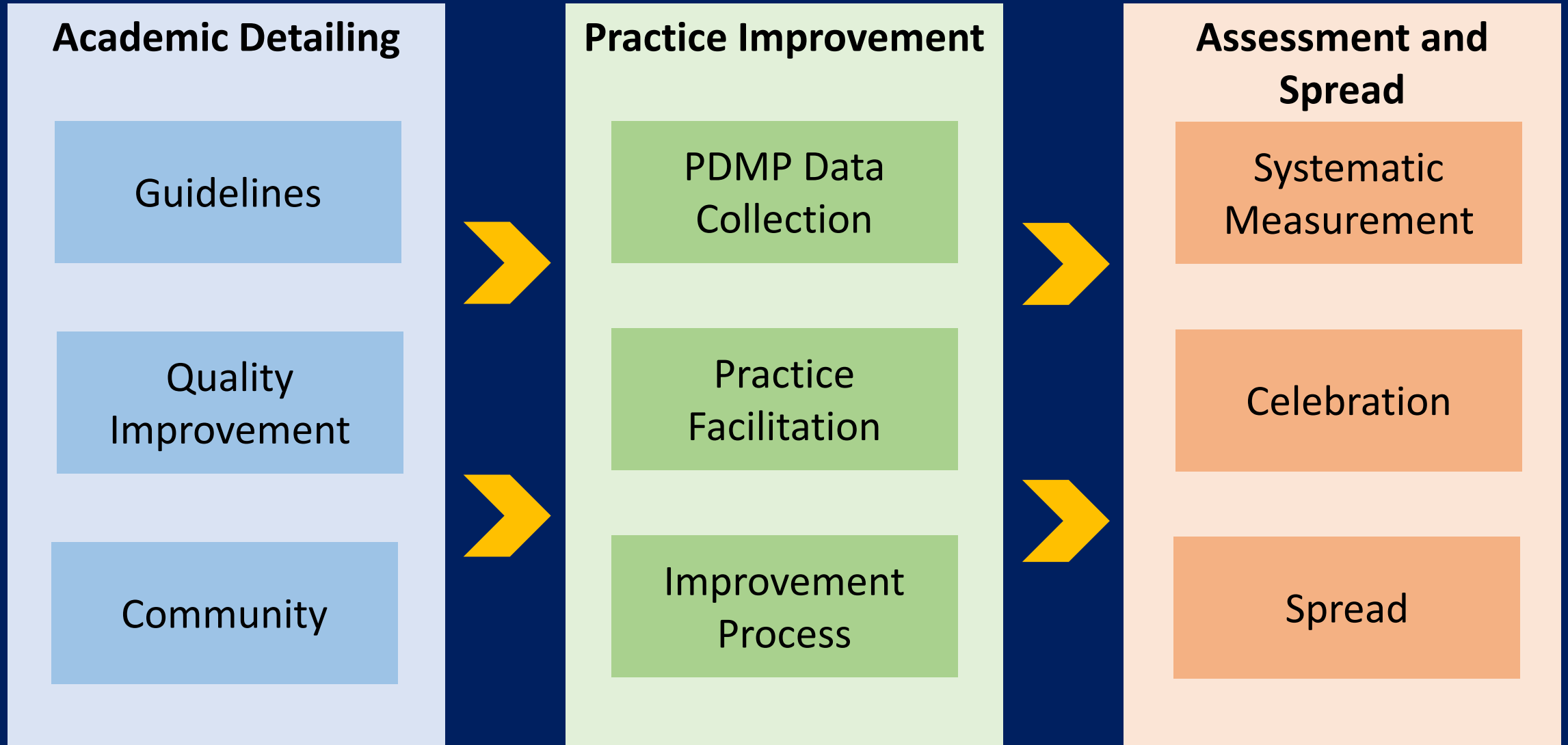
Aligning Pain Care in Our Communities

Our Goal: To realize a reduction in misuse of opioids in managing chronic pain, achieve consistency across physicians in safe opioid/narcotic prescribing, improve identification of depression in patients with chronic pain and engage community resources in the treatment of patients with chronic pain through standardization of care across MCHS SWWI.

Our Approach: Education and Collaboration using quality improvement methods in six Mayo Clinic Health Systems Family Medicine clinic sites.

Our Accomplishment: By coming together in a public health, private health partnership and using education, practice facilitation, and quality improvement we changed individual lives, clinic performance and culture and the community.

Project Design



By The Numbers



Patient Numbers

Opioid Contract

- 81% increase in documented opioid agreement from baseline
- 325 additional pts with contracts on file

Depression Screening

- 79% increase in depression screening from baseline
- 325 additional pts screened

Urine Tox Screening

- 44% increase in urine drug screen from baseline
- 100 additional pts screened

ORT Assessment

- 7% of patients assessed
- 87 additional patients assessed

Conclusions

- The focus was on process improvement to improve patient care. Five of the six clinic sites **exceeded** their AIM statement goals.
- Participants in all phases of the project reported development of **standardized processes**, increased **PDMP usage**, improved **teamwork**, and increased **confidence** in treating patients with chronic pain.
- Work has led to **spread**: within Mayo Clinic Health Systems, within the Mayo Clinic Enterprise, within La Crosse County, within adjacent counties, in Wisconsin, and nationally.